

Dr. Sander Invitational Columbia Challenge 2023

TOTAL ATHLETE NUMBERS AND SCHEDULE SUBJECT TO CHANGE
*****Fastest heat/top flight will go last (except for College Races during TV Window)*****

Friday, January 27						
Track Events						
Time	Gender	Event	Type	Minutes	Heats	Field Size
11:00 AM	-	Coaches Meeting		0:15	-	-
12:00 PM	W	60m Dash	Open	0:05	1	9
12:05 PM	M	60m Dash	Open	0:05	1	9
12:10 PM	W	60m Dash	College Heats	0:25	7	56
12:35 PM	M	60m Dash	College Heats	0:25	7	56
1:00 PM	W	DMR	College Final	0:15	1	12
1:15 PM	M	DMR	College Final	0:15	1	12
1:30 PM	W	60m Hurdles	College Heats	0:15	5	40
1:45 PM	W	60m Hurdles	Open	0:05	1	8
1:50 PM	M	60m Hurdles	College Heats	0:15	5	40
2:05 PM	M	60m Hurdles	Open	0:05	1	8
2:10 PM	W	5K	College Final	0:20	1	20
2:30 PM	M	5K	College Final	0:20	1	20
2:50 PM	M	60m Hurdles	College Final	0:05	1	9
2:55 PM	W	60m Hurdles	College Final	0:05	1	9
3:00 PM	W	60m Dash	College Final	0:05	1	9
3:05 PM	M	60m Dash	College Final	0:05	1	9

Field Events						
Time	Gender	Event	Type	Opening Height	Progression	Field Size
11:00 AM	W	Shot put	College	-	-	36
11:00 AM	M	Triple Jump	College	-	-	32
11:00 AM	M	Pole Vault	College	4.65m	15cm	28
1:00 PM	M	Long Jump	College	-	-	42
1:00 PM	W	Long Jump	College	-	-	42
2:00 PM	M	Shot put	College	-	-	36

Saturday, January 28						
Field Events						
Time	Gender	Event	Type	Opening Height	Progression	Field Size
9:30 AM	W	Weight Throw	College	-	-	36
12:00 PM	Inv M	Long Jump	Invitational	-	-	8
12:15 PM	Inv W	Long Jump	Invitational	-	-	8
12:00 PM	Inv M	High Jump	Invitational	2.05m	5cm	8
12:15 PM	Inv W	High Jump	Invitational	1.80m	5cm	8
1:00 PM	W	Pole Vault	College	3.60m	15cm	28
2:15 PM	W	Triple Jump	College	-	-	32
1:30 PM	M	Weight Throw	College	-	-	36
2:00 PM	W	High Jump	College	1.60m	5cm	30
2:00 PM	M	High Jump	College	1.95m	5cm	30

Track Events						
Time	Gender	Event	Type	Minutes	Sections	Field Size
9:50 AM	W	3K - 2, 3	College	0:20	2	28
10:10 AM	M	3K - 2, 3	College	0:20	2	28
10:30 AM	W	800m - 3, 4, 5	College	0:15	3	24
10:45 AM	M	800m - 3, 4, 5	College	0:15	3	24
11:00 AM	W	400m - 3,4,5,6,7	College	0:12	7	35
11:12 AM	M	400m - 3,4,5,6,7	College	0:12	7	35
11:24 AM	W	3K - 1	College	0:10	1	12
11:34 AM	M	3K - 1	College	0:10	1	12
11:50 AM	Opening Ceremonies					
12:04 PM	W	College 200m - 1, 2	College	0:04	2	4
12:10 PM	M	College 200m - 1, 2	College	0:04	2	4
12:16 PM	W	USA Mile	Invitational	0:09	1	NA
12:25 PM	W	College 400m - 1, 2	College	0:04	2	5
12:32 PM	M	USA 1000m	Invitational	0:07	1	NA
12:40 PM	M	USA 3000m	Invitational	0:10	1	12
12:52 PM	M	College 400m - 1, 2	College	0:05	2	20
12:58 PM	W	USA 3000m	Invitational	0:10	1	12
1:10 PM	M	College 800m - 1, 2	College	0:07	2	16
1:18 PM	W	USA 300m	Invitational	0:05	1	NA
1:23 PM	W	College 800m - 1, 2	College	0:07	2	16
1:30 PM	M	USA 300m	Invitational	0:05	1	NA
1:35 PM	M	USA Mile	Invitational	0:09	1	NA
1:45 PM	W	USA 1000m	Invitational	0:04	1	NA
1:48 PM	W	200m - 3-12	College	0:36	12	48
2:24 PM	M	200m - 3-12	College	0:36	12	48
3:00 PM	M	Mile - 1,2,3,4	College	0:20	4	48
3:20 PM	W	Mile - 1,2,3,4	College	0:20	4	48
3:40 PM	W	4x400m	College	0:15	3	15
3:55 PM	M	4x400m	College	0:15	3	15



TV Window