

HBCU Indoor Track & Field Showcase sponsored by KPMG

Saturday, January 14th, 2023

The Nike Track & Field Center at The Armory



9:00 AM Welcome Ceremony

TRACK EVENTS		Entries	Sections	
9:15	600m - Junior Girls	6	1	Final
9:18	600m - Junior Boys	6	1	Final
9:21	DMR - College Men	4	4	Final
9:21	DMR - College Women	4	4	Final
9:21	60m Hurdles - College Women	41	5	Prelims
9:36	60m Hurdles - College Men	23	3	Prelims
9:45	60m Dash - College Women	42	5	Prelims
10:00	60m Dash - College Men	45	5	Prelims
10:15	60m Dash - College Men UNSEEDDED	14	2	Final
10:21	3000m - College Women	14	1	Final
10:36	3000m - College Men	14	1	Final
10:51	500m - College Women	20	4	Final
10:59	500m - College Men	15	3	Final
11:05	300m - Junior Boys	12	2	Final
11:11	300m - Junior Girls	12	2	Final
11:17	60m Hurdles - College Men	9	1	Final
11:22	60m Hurdles - College Women	9	1	Final
11:27	60m Dash - College Women	9	1	Final
11:32	60m Dash - College Men	9	1	Final
11:37	4x200 meter Relay - Junior Girls	6	1	Final
11:42	4x200 meter Relay - Junior Boys	6	1	Final
11:47	Opening Ceremony		1	
11:57	4x200 meter Relay - College Women	10	2	Final
12:03	4x200 meter Relay - College Men	8	2	Final
12:09	400m Run - College Women	41	8	Final
12:33	400m Run - College Men	35	7	Final
12:54	800m Run - College Women	22	2	Final
13:02	800m Run - College Men	30	3	Final
13:11	200m Run - College Women	66	17	Final
14:02	200m Run - College Men	67	17	Final
14:53	1-Mile Run - College Women	23	2	Final
15:07	1-Mile Run - College Men	23	2	Final
15:19	4x400 meter Relay - College Women	21	4	Final
15:43	4x400 meter Relay - College Men	23	4	Final
16:03	Awards Ceremony			

Participating Historically Black Colleges & Universities:

Bowie State University	Livingstone College
Central State University	Norfolk State University
Coppin State University	North Carolina A&T University
Delaware State University	Prairie View A&M University
Edward Waters University	Saint Augustine's University
Florida A&M University	Tuskegee University
Florida Memorial University	University of Maryland - Eastern Shore
Howard University	University of the District of Columbia
Johnson C. Smith University	Winston Salem State University
Lincoln University	

HIGH JUMP - begins after the Opening Ceremony	Entries	Flights
College Women High Jump	13	1
College Men High Jump	16	1

BOYS POLE VAULT	Entries	Flights
10:30am - College Women	4	1
12:30pm - College Men	7	1

*Events may run ahead of schedule.

*Check in with the clerk or at your field event location 30 minutes prior.

THROWING CIRCLE	Entries	Flights
8:45 Weight Throw - Junior Girls	*6 athletes, 4 attempts, no final.	
9:30 Weight Throw - Junior Boys	*6 athletes, 4 attempts, no final.	
10:15 Weight Throw - College Women	18	2 *followed by finals
11:45 Weight Throw - College Men	10	1 Final
12:30 Shot Put - College Women	21	3 *followed by finals
14:00 Shot Put - College Men	20	3 *followed by finals

JUMPS PIT ONE		Entries	Flights	JUMPS PIT TWO		Entries	Flights
9:15	Long Jump - Junior Boys *4 attempts, no final	6	1	9:15	Long Jump - Junior Girls	6	1 *4 attempts, no final
10:30	Long Jump - College Men	32	3	10:30	Long Jump - College Women	29	3
13:30	Triple Jump - College Men	19	2	13:30	Triple Jump - College Women	15	1