



RCANO EVENTS Catering

at the New Balance Track & Field Center at The Armory

2022-2023 Indoor Track & Field Season

Office: 718.937.6622

Email: Brianna@rcanoevents.com

Welcome back to The Armory! We look forward to providing healthy, power foods to fuel great performances this season.

For your convenience, meal options will be available to teams at **The Refuel Zone**. Teams can now select from one of the following options to fuel and hydrate their athletes for competition:

Option 1: Athletes and teams can purchase tasty individual items from The Refuel Zone at cost. Choose hot or cold, breakfast, lunch or dinner options such as fruits, oatmeal, salads, sandwiches, pasta and personal pizza, amongst other items.

Option 2: Introducing **RCANO BUCKS**! This allows athletes the freedom to purchase what they want, when they want from The Refuel Zone using vouchers. Teams simply elect the designated amount for each athlete. Any overage can be covered by the athlete, coach, parent or team supporter.

Option 3: Pre-ordered box lunches or dinner. This pick-up and go option will be available upon arrival or at scheduled times in the 4th floor Snack & Field Cafe.

Option 4: Buffet meals for coaches, teams and other group gatherings include breakfast, lunch, and dinner options provided in designated rooms within The Armory.

See you at the Track!

**All orders must be placed one (1) week prior to the event.*

**Beverages in bulk are available - Dasani water, Powerade, and other Coca-Cola products.*

**Kosher and other dietary meal options are made upon request.*

**Menus are attached for review.*



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Option #1: Boxed Lunches

Price starts at \$18/person

Sandwich Options:

- Chicken Caesar Wrap
- Turkey Chipotle on Baguette
- Grilled Vegetable Salad
- Tuna Wrap
- Cranberry Chicken Salad Wrap



Option #2: Hot Boxed Dinners

Price starts at \$34/person

Menu Options:

- Lemon Artichoke Chicken with Roasted Potatoes & Roasted Vegetables
- Classic Lasagna with Garlic Bread
- Vegetarian Lasagna with Garlic Bread

*Boxed lunches come with a bag of chips, whole fruit and a bottle of Dasani water. Meals can be upgraded to include Powerade or other Coca-Cola products for an additional cost.

*Meals can be prepared for Kosher and special dietary needs, upon request. Price subject to change.

*Cases of Dasani water (\$26/case) and Powerade (\$30/case) are available for purchase.

***All catering orders must be placed one (1) week prior to the event. Prices listed include taxes.**

Option #3: Buffet Meals

(for Coaches & Officials)

Breakfast Menu:

(Price starts at \$18/person.

Available 1-hour prior to meet start time)

- Coffee, Tea, Orange Juice & Water
- Scrambled Eggs & Bacon
- Hot Oatmeal with toppings
- Whole Fruit
- Assorted Pastries

Lunch Menu:

(Price starts at \$30/person for lunch and dinner.)

- Soup of the Day with Homemade Crostini
- Oven Roasted Herbed Chicken
- Roasted Vegetables & Potatoes
- Tortellini with Pesto & Cherry Tomatoes
- Garden Salad with Citrus Vinaigrette
- Dessert: Assorted Sweets

Dinner Menu:

- Spinach Ravioli with Cream Sauce
- Artichoke Lemon Chicken
- Scallop Potatoes
- Ceaser Salad
- Garlic Bread

Dessert: Assorted Sweets