

Armory Combine Complete Schedule (Color Matches Group Shirt Color)

Time:	Group:	Area:	Event:	Path Through Building:
7:30 AM	Quarterbacks	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
7:30 AM	Quarterbacks	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
8:00 AM	Quarterbacks	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
8:00 AM	Quarterbacks	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
8:30 AM	Quarterbacks	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
8:45 AM	Quarterbacks	Sand Pit	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
8:45 AM	Runningbacks	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
8:45 AM	Runningbacks	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
9:15 AM	Quarterbacks	Shot Put Cage	5-10-5 Agility Drill - 2 attempts	Move from sandpit across the home stretch to the shot put cage - lined up 6 feet apart on outside of south side fence of shot put cage
9:15 AM	Runningbacks	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
9:15 AM	Runningbacks	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
9:45 AM	Quarterbacks	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
9:45 AM	Runningbacks	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
10:00 AM	Runningbacks	Sand Pit - 1/2 of RB Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
10:00 AM	Runningbacks	Shot Put Cage - 1/2 RB Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
10:00 AM	WR #1	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
10:00 AM	WR #1	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
10:15 AM	Quarterbacks	Back door exit	Group completed and exited the building	Out the back doors
10:30 AM	Runningbacks	Sand Pit - 1/2 of RB Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
10:30 AM	Runningbacks	Shot Put Cage - 1/2 RB Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
10:30 AM	WR #1	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
10:30 AM	WR #1	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
11:00 AM	Runningbacks	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
11:00 AM	Runningbacks	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
11:00 AM	WR #1	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
11:15 AM	WR #1	Sand Pit - 1/2 of WR #1 Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
11:15 AM	WR #1	Shot Put Cage - 1/2 WR #1 Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
11:15 AM	WR #2	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
11:15 AM	WR #2	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
11:30 AM	Runningbacks	Back door exit	Group completed and exited the building	Out the back doors
11:45 AM	WR #1	Sand Pit - 1/2 of WR #1 Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
11:45 AM	WR #1	Shot Put Cage - 1/2 WR #1 Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
11:45 AM	WR #2	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
11:45 AM	WR #2	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
12:15 PM	WR #1	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
12:15 PM	WR #1	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
12:15 PM	WR #2	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
12:30 PM	WR #2	Sand Pit - 1/2 of WR #2 Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
12:30 PM	WR #2	Shot Put Cage - 1/2 WR #2 Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
12:30 PM	Offensive Linemen	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
12:30 PM	Offensive Linemen	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
12:45 PM	WR #1	Back door exit	Group completed and exited the building	Out the back doors
1:00 PM	WR #2	Sand Pit - 1/2 of WR #2 Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
1:00 PM	WR #2	Shot Put Cage - 1/2 WR #2 Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
1:00 PM	Offensive Linemen	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
1:00 PM	Offensive Linemen	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
1:30 PM	WR #2	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area

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Time:	Group:	Area:	Event:	Path Through Building:
1:30 PM	WR #2	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
1:30 PM	Offensive Linemen	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
1:45 PM	Offensive Linemen	Sand Pit - 1/2 of OL Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
1:45 PM	Offensive Linemen	Shot Put Cage - 1/2 OL Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
1:45 PM	Defensive Linemen	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
1:45 PM	Defensive Linemen	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
2:00 PM	WR #2	Back door exit	Group completed and exited the building	Out the back doors
2:15 PM	Offensive Linemen	Sand Pit - 1/2 of OL Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
2:15 PM	Offensive Linemen	Shot Put Cage - 1/2 OL Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
2:15 PM	Defensive Linemen	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
2:15 PM	Defensive Linemen	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
2:45 PM	Offensive Linemen	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
2:45 PM	Offensive Linemen	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
2:45 PM	Defensive Linemen	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
3:00 PM	Defensive Linemen	Sand Pit - 1/2 of DL Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
3:00 PM	Defensive Linemen	Shot Put Cage - 1/2 DL Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
3:00 PM	LB/TE/FB	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
3:00 PM	LB/TE/FB	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
3:15 PM	Offensive Linemen	Back door exit	Group completed and exited the building	Out the back doors
3:30 PM	Defensive Linemen	Sand Pit - 1/2 of DL Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
3:30 PM	Defensive Linemen	Shot Put Cage - 1/2 DL Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
3:30 PM	LB/TE/FB	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
3:30 PM	LB/TE/FB	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
4:00 PM	Defensive Linemen	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
4:00 PM	Defensive Linemen	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
4:00 PM	LB/TE/FB	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
4:15 PM	LB/TE/FB	Sand Pit - 1/2 of LB Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
4:15 PM	LB/TE/FB	Shot Put Cage - 1/2 LB Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
4:15 PM	S/DB	Hall of Fame Gallery 1st Floor	Check-in & Height & Weight Measurements	Up HoF red stairs
4:15 PM	S/DB	Oval, infield & Apron	Warm-ups begin	Onto apron from NB Store doors - Onto oval from timing room side - rotate around oval like Armory Trials
4:30 PM	Defensive Linemen	Back door exit	Group completed and exited the building	Out the back doors
4:45 PM	LB/TE/FB	Sand Pit - 1/2 of LB Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
4:45 PM	LB/TE/FB	Shot Put Cage - 1/2 LB Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
4:45 PM	S/DB	Infield	Mondo Dash begins	Exit the track on south side - remain on back stretch until event is complete
4:45 PM	S/DB	Oval & Apron	Warm-ups continue	Rotation same as Armory Trials
5:15 PM	LB/TE/FB	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
5:15 PM	LB/TE/FB	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
5:15 PM	S/DB	Infield	Mondo Dash Final - 2 heats 6 athletes	Exit the track on south side - remain on back stretch until event is complete
5:30 PM	S/DB	Sand Pit - 1/2 of S/DB Group	Standing Long Jump - 3 attempts each	Move across the infield after Mondo Dash has completed spread out in taped off boxes
5:30 PM	S/DB	Shot Put Cage - 1/2 S/DB Group	5-10-5 Agility Drill - 2 attempts	Move from backstretch to 6 feet apart on outside of south side fence of shot put cage
5:45 PM	LB/TE/FB	Back door exit	Group completed and exited the building	Out the back doors
6:00 PM	S/DB	Sand Pit - 1/2 of S/DB Group	Standing Long Jump - 3 attempts each	Move along the outside curve of the track to the home stretch - move across home stretch to taped off boxes next to LJ runway
6:00 PM	S/DB	Shot Put Cage - 1/2 S/DB Group	5-10-5 Agility Drill - 2 attempts	Move across the infield and backstretch to the south side fence of the shot put cage
6:30 PM	S/DB	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move around to the regular side of the shot put cage socially distanced on the green squares in that area
6:30 PM	S/DB	Shot Put Cage	3k Med Ball Throw Begins - 3 attempts	Move across the home stretch to the Shot Put cage apron and socially distance on green squares
7:00 PM	S/DB	Back door exit	Group completed and exited the building	Out the back doors